

2016 BLUEBUNNY WEEKEND SCHEDULE

Friday, March 11

3:30 – 5:30pm	Retreat set up
5:30 – 6:30pm	Check-in and Registration/ Sign up for Karma Yoga
6:30 – 7:30pm	Dinner
7:45 – 9:00pm	Lama Dorjee – opening talk
9:00 – 9:05pm	Karma Yoga reminder

Saturday, March 12

8:00 – 9:00am	Breakfast/Late Registration
9:00 – 9:30am	Meditation
9:30 – 12:00pm	Lama Dorjee – morning teaching
12:00 – 12:30pm	Break
12:30 – 2:00pm	Lunch
2:00 – 3:30pm	Open time/Late registration
3:30 – 4:00pm	Meditation
4:00 – 5:30pm	Lama Dorjee – afternoon teaching
5:30 – 6:00pm	Break
6:00 – 7:15pm	Dinner
7:30 – 8:00pm	Chenrezig practice with Lama Dorjee
8:00 – 9:00pm	Lama Dorjee – evening session
9:00 – 9:05pm	Karma Yoga reminder

Sunday, March 13

8:00 – 9:00am	Breakfast/Late Registration
9:00 – 9:30am	Meditation
9:30 – 12:00pm	Lama Dorjee – morning teaching
12:00 – 12:30pm	Break
12:30 – 2:00pm	Lunch
2:00 – 3:00pm	Open time
3:00 – 4:00pm	Long Life Offering (practice)
4:00 – 5:00pm	Lama Dorjee – afternoon teaching
5:00 – 5:30pm	Long Life Offering for Lama Dorjee; blessing & offering to Lama
5:30 – 6:00pm	Break
6:00 – 7:15pm	Dinner
7:30 – 8:00pm	Chenrezig practice with Lama Dorjee
8:00 – 9:00pm	Lama Dorjee – evening session
9:00 – 9:05pm	Karma Yoga update for week

WEEK LONG SCHEDULE

Monday-Thursday, March 14-17

8:00	-	9:00am	Breakfast
9:00	-	9:30am	Meditation
9:30	-	12:00pm	Lama Dorjee - morning teaching
12:00	-	12:30pm	Break
12:30	-	2:00pm	Lunch
2:00	-	3:30pm	Open time
3:30	-	4:00pm	Meditation
4:00	-	5:30pm	Lama Dorjee - afternoon teaching
5:30	-	6:00pm	Break
6:00	-	7:15pm	Dinner
7:30	-	8:00pm	Chenrezig practice with Lama Dorjee
8:00	-	9:00pm	Lama Dorjee - evening session
9:00	-	9:05pm	Karma Yoga reminder

Friday, March 18 - Last Day of Retreat

8:00	-	9:00am	Breakfast
9:00	-	10:30am	Lama Dorjee concluding remarks, homework, and blessing
10:30			Retreat closing and clean up